

# **Drug Use in Hepatic Disease**

**Yacoub Irshaid, MD, PhD, ABCP**

**Department of Pharmacology**

# Considerations in Hepatic Disease

- The impact on drug metabolism in liver diseases is greater for phase I (oxidation) than phase II reactions (conjugation).
- Some CYP enzymes are more affected than others.
- Glucuronidation in liver disease is relatively spared, but NOT for all drugs.

# Considerations in Hepatic Disease

- **Cholestasis is associated with reduction of CYP enzymes.**
- **Hepatic disease can alter the pharmacokinetics of drugs including absorption and disposition; and pharmacodynamics including efficacy and safety.**
- **Drugs are often metabolized by one or more enzymes in the liver.**
- **Drugs and metabolites may also be excreted in bile.**

# Considerations in Hepatic Disease

- **Drugs with flow-dependent clearance should be avoided if possible in patients with liver failure.**
- Doses of such drugs may need to be reduced to as low as **one-tenth of the conventional dose**, for an **orally** administered agent.
- Starting therapy with **low doses** and **monitoring response** or **plasma levels** provides the best opportunity for safe, effective treatment.

# Considerations in Hepatic Disease

**Hepatic disease may lead to:**

- a. drug accumulation
  - b. failure to form an active or inactive metabolite
  - c. increased bioavailability after oral administration
  - d. reductions in drug–protein binding.
- Liver disease may affect kidney function, which can lead to accumulation of a drug and/or its metabolites even when the liver is NOT primarily responsible for elimination.

# Considerations in Hepatic Disease

- In contrast to creatinine clearance which has been used successfully to measure kidney function and renal clearance of drugs, there is NO such test to estimate hepatic drug clearance in patients with hepatic disease.
- Liver disease affects the quantitative and qualitative synthesis of albumin, globulins, and other circulating plasma proteins that might affect plasma drug protein binding and distribution.

# Considerations in Hepatic Disease

## Plasma Protein Binding:

- Adjustment of phenytoin concentration in hypoalbuminemia:
- $C_{\text{normal}} = C_{\text{observed}} / [0.2 (\text{albumin}) + 0.1]$

# Active Drug and Its Active Metabolite

- 1. When the drug is more potent than the metabolite,** the overall pharmacologic activity will increase in the hepatic-impaired patient because the parent drug concentration will be higher.
- 2. When the drug is less potent than the metabolite,** the overall pharmacologic activity in the hepatic patient will decrease because less of the active metabolite is formed.



# Considerations in Hepatic Disease

- Patients with hepatic cirrhosis are ~ 2-5 times more prone to adverse drug reactions than patients without hepatic dysfunction.
- This might be due to pharmacodynamic and pharmacokinetic changes.
- Little information is available on pharmacodynamic changes.
- Central nervous system sensitivity is increased for morphine, chlorpromazine, and diazepam.

# Considerations in Hepatic Disease

- **Hepatic encephalopathy can be precipitated by sedatives, analgesics and tranquilizers; and much more so by diuretics.**
- **Changes in pharmacologic activity due to hepatic disease may be much more complex when both the pharmacokinetic parameters and the pharmacodynamics of the drug change as a result of the disease process.**

## **Recommendations for select drug dosage change in patients with chronic liver disease.**

<b>Drug</b>	<b>Metabolism</b>	<b>Recommendation</b>
<b>Acetaminophen (Paracetamol)</b>	<b>Conjugation</b>	<b>Do NOT Exceed 2g/day</b>
<b>Allopurinol</b>	<b>Oxidation (active metabolite)</b>	<b>Reduce dose 50%</b>
<b>Amitriptyline</b>	<b>Oxidation, conjugation</b>	<b>Start at 50% of normal dose, then adjust and monitor for clinical &amp; adverse effect</b>
<b>Amlodipine</b>	<b>Extensive oxidation</b>	<b>Precaution</b>
<b>Azathioprine</b>	<b>Oxidation</b>	<b>Precaution</b>

<b>Carbamazepine</b>	<b>Oxidation, active metabolite, glucuronidation</b>	<b>Avoid, it worsen liver disease</b>
<b>Clindamycin</b>	<b>Extensive oxidation, active metabolite</b>	<b>Prolong dosing interval, monitor hepatic function</b>
<b>Clomipramine</b>	<b>Oxidation, glucuronidation</b>	<b>Avoid</b>
<b>Codeine</b>	<b>Extensive oxidation, active metabolite (morphine)</b>	<b>Avoid</b>
<b>Cyclophosphamide</b>	<b>Hydroxylation</b>	<b>Reduce dose 25%, monitor hepatic function</b>

<b>Cyclosporine</b>	<b>Oxidation to several metabolites</b>	<b>Precaution, measure drug level in whole blood</b>
<b>Dacarbazine</b>	<b>Extensive oxidation, toxic metabolites</b>	<b>Reduce dose 25-50%, monitor serum level</b>
<b>Daunorubicin</b>	<b>Cytotoxic metabolites, conjugation</b>	<b>Reduce dose 25-50%</b>
<b>Diazepam</b>	<b>Extensive oxidation, active metabolites</b>	<b>Reduce dose 50%, or use lorazepam</b>
<b>Doxycycline</b>	<b>Metabolized</b>	<b>Precaution, use other antibiotics</b>
<b>Enalapril</b>	<b>Active metabolites</b>	<b>Precaution</b>

<b>Erythromycin</b>	<b>Extensive oxidation</b>	<b>Reduce dose 30-50 %, Prolong interval to 8 hours</b>
<b>Fluoxetine</b>	<b>Oxidation, active metabolites</b>	<b>Reduce dose 50%</b>
<b>Fluphenazine</b>	<b>Oxidation, conjugation</b>	<b>Avoid</b>
<b>Glibenclamide</b>	<b>Extensive metabolism</b>	<b>Start with 1.25 mg and monitor effect</b>
<b>Ibuprofen</b>	<b>Extensive metabolism</b>	<b>Precaution</b>
<b>Isoniazid</b>	<b>Extensive metabolism</b>	<b>Contraindicated</b>
<b>Itraconazole</b>	<b>Extensive metabolism</b>	<b>Precaution</b>
<b>Lidocaine</b>	<b>Extensive metabolism</b>	<b>Avoid</b>
<b>Mefloquine</b>	<b>Extensive metabolism</b>	<b>Avoid</b>

<b>Metformin</b>	<b>No metabolism</b>	<b>Avoid</b>
<b>Methotrexate</b>	<b>Little metabolism</b>	<b>Avoid, contraindicated</b>
<b>Methyldopa</b>	<b>Metabolized 50%</b>	<b>Precaution</b>
<b>Metronidazole</b>	<b>Metabolized 50%, oxidation</b>	<b>250 mg/8hours</b>
<b>Morphine</b>	<b>Glucuronidation</b>	<b>Avoid</b>
<b>Phenytoin</b>	<b>Oxidation, glucuronidation</b>	<b>Increases liver toxicity, monitor, avoid</b>
<b>Phenobarbital</b>	<b>Oxidation, glucuronidation</b>	<b>Avoid</b>
<b>Pyrazinamide</b>	<b>Metabolized 95%</b>	<b>Precaution, monitor liver function, avoid</b>

<b>Rifampin</b>	<b>Liver metabolism, active metabolites</b>	<b>Max. dose 6-8mg/kg twice a week</b>
<b>Simvastatin</b>	<b>Extensive oxidation</b>	<b>Precaution</b>
<b>Trimethoprim/sulfamethoxazole</b>	<b>Oxidation, acetylation</b>	<b>Precaution</b>
<b>Valproic acid</b>	<b>Extensive oxidation, glucuronidation</b>	<b>Reduce dose 50%, monitor serum level</b>
<b>Verapamil</b>	<b>Extensive oxidation</b>	<b>Reduce 50% IV dose, and 20% oral dose</b>
<b>Vinblastine, vincristine</b>	<b>Extensive oxidation, biliary excretion</b>	<b>Reduce dose 50%</b>
<b>Voriconazole</b>	<b>Extensive oxidation</b>	<b>Reduce dose, prolong interval, or avoid</b>
<b>Warfarin</b>	<b>Extensive oxidation</b>	<b>Monitor INR</b>